

HEALTH FITNESS MAJOR CURRICULUM - HEALTH AND EXERCISE SCIENCE DEPARTMENT, revised 9/14/12

	Sophomore		Junior		Senior			
	<u>Fall-</u>	<u>Spring-</u>	<u>Fall-</u>	<u>Spring-</u>	<u>Summer-</u>	<u>Fall-</u>	<u>Spring -</u>	<u>Summer -</u>
8:00		305				398M-F	398M-F	
						*350	*350	
9:00				313M-F		351, MW	351, MW	
10:30	234MWF + lab	222TR	234MWF + lab					
	222TR	235 MWF + lab	222TR					
11:30	220M-F	235 MWF + lab	220M-F					
12:30	234MWF + lab		234MWF + lab	310M-F				
1:30	305TR		305TR	308M-F				
	226 MWF		226MWF					
Other Times:					**368	368	368 & 092	368

*** You need to complete 234 before the fall semester of the sophomore year or the fall semester of your junior year. In addition, it is strongly recommended that you complete 235 the spring of your sophomore year.**

* 350 – Must have CURRENT CPR and 1st Aid certifications during this course.

** 368 – Internship (1 to 3 credits) 12 weeks – (full time;35+ hours/wk = minimum of 420 total hours) The reason you may register for less than 3 credits is ONLY to save you tuition money for a summer internship.

† 220, 222, 226, 234, 305 are prerequisites for 310, 313.

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† Required Non-Departmental courses for the Health Fitness major. One of the following: CHE-107 or BIO-101 or BIO-118

† You need a total of 34 credits consisting of major courses, Area courses, two J-terms, and electives. Only 1 Area FIT/ACT credit can be counted toward the total credit requirement.

† You must maintain a C- OR HIGHER on all courses taught in the HES department that is required for the health fitness major.

Advisors:

Stephanie Otto, Ph.D., 6464, sotto@gac.edu, advisor for first year and sophomore health fitness majors.

Bruce Van Duser, Ph.D. 7656, bvand@gac.edu, advisor for junior and senior majors.